

# Guardian

Feeling Better Starts Here

14.99 ea.



**TENA**  
Briefs,  
Underwear  
or Pads  
14's-60's  
Assorted  
Types and  
Sizes

6.99 ea.



**POLIDENT**  
Denture Cleanser  
Tablets 84's-96's  
or 125mL

hot deal!  
11.49 ea.

**TYLENOL or MOTRIN**  
EZ OPEN, ARTHRITIS  
Tablets or  
Caplets 100's-150's,  
LIQUID GELS 60's-115's or  
RAPID RELEASE  
Gel Caps 80's



3.99 ea.



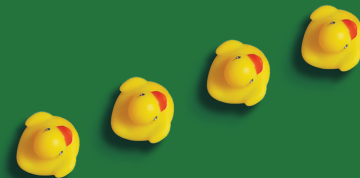
**SCOTTIES**  
Facial tissues  
Package of 6 boxes

3.99 ea.

**PUREX**  
Laundry  
Detergent  
1.47L or  
Pods 23ct



Skip the line to see your pharmacist with the diem® health for Guardian app.



## health and wellness

8.99 ea.

**VICKS**  
DAYQUIL,  
NYQUIL  
Liquid 354mL or  
Capsules 24's



11.99 ea.

**ADVIL**  
Cold & Sinus  
Tablets or  
Caplets  
36's-40's



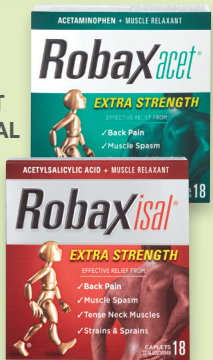
2/\$3

**FISHERMAN'S FRIEND**  
Lozenges 22's



9.99 ea.

**ROBAXACET**  
or **ROBAXISAL**  
Extra  
Strength  
Caplets 18's



40% OFF\*  
\*Our regular retail price

**NATURE'S BOUNTY**  
Vitamins  
& Minerals  
Selected  
Types and Sizes



2/\$7

**TUMS**  
Antacid  
Tablets  
32's-100's  
Selected  
Types



26.99 ea.

**ALIGN**  
Probiotic  
Supplement  
Capsules 28's  
or Chewable  
Tablets 24's



19.99 ea.

**LAX-A-DAY**  
Laxative  
510g



## personal care

4.99 ea.

**TRESEMME**  
Hair Care  
Products  
Selected  
Types and  
Sizes



2.99 ea.

**Q-TIPS**  
Cotton Swabs  
400's



3.99 ea.

**ALWAYS**  
Pads and  
**TAMPAX**  
Tampons 1X  
Selected  
Types and Sizes



2/\$5

**SECRET, OLD SPICE**  
or **GILLETTE**  
Deodorant  
Selected  
Types and  
Sizes



## convenience

1.99 ea.

**PRINGLES**  
130-156g  
Assorted  
Flavours



2/\$5

**CHRISTIE BITS & BITES, CRISPERS**  
175g  
Assorted Types



3.99 ea.

**ENERGIZER**  
Batteries  
Selected  
Types



2.79 ea.

**WERTHER'S ORIGINAL**  
Popcorn  
170g



WEEK LONG SAVINGS!  
guardian-ida-pharmacies.ca

JANUARY

FRI 24 SAT 25 SUN 26 MON 27 TUES 28 WED 29 THURS 30





# health and wellness

**31<sup>99</sup>**  
ea.

**ROBAXIN**  
Muscle Relaxant  
Tablets 50's



**7<sup>99</sup>**  
ea.

**SALONPAS**  
Pain Relief  
Patch 5's



**6<sup>99</sup>**  
ea.

**EX-LAX**  
SENNA  
Laxatives  
Tablets  
24's-30's



## No Messy Hands. Just Targeted Pain Relief.

Voltaren Emulgel Back & Muscle Pain.  
Now with a No Mess applicator.



**16<sup>99</sup>**  
ea.

**VOLTAREN**  
Joint Pain Extra Strength 100g  
or Back & Muscle Pain 120g

Temporarily relieves minor aches and pains due to: muscle and joint sprains, and strains.

To be sure this product is right for you, always read and follow the label.

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**19<sup>99</sup>**  
ea.

**LACTAID**  
Extra Strength  
Dairy Digest  
Caplets 80's



**12<sup>99</sup>**  
ea.

**WEBBER NATURALS**  
Probiotic or  
Lutein and  
Blue Light  
Selected Types  
and Sizes



**6<sup>99</sup>**  
ea.

**OZONOL**  
Ointment Regular or Plus  
30g



**15% OFF\***

**POLYSPORIN**  
or **AVEENO**  
Eczema or  
Anti-Itch Cream,  
Lotion or Balm  
Selected Types  
and Sizes



**4<sup>99</sup>**  
ea.

**TENA**  
Wipes  
48's



## Let's talk about DECONGESTANTS

Can't get rid of a stuffy nose?  
Ask your pharmacist about  
how you can relieve  
nasal congestion.

**7<sup>99</sup>**  
ea.

**atoma**  
Extra Strength  
Nasal + Sinus  
Decongestant Relief  
Tablets 24's  
**Save up to \$3**



## healthy eyes

**10<sup>99</sup>**  
ea.

**CLEAR CARE** or  
**CLEAR CARE PLUS**  
Cleansing and  
Disinfecting Solution  
360mL



**6<sup>99</sup>**  
ea.

**VISINE**  
Allergy,  
Red Eye,  
Dry Eye or  
Multi-Symptom  
Drops 15mL



## cold relief

**7<sup>99</sup>**  
ea.

**HELIXIA**  
Cough Syrup  
100mL



**5<sup>99</sup>**  
ea.

**HALLS**  
KIDS Pops  
10's



## daily health

**14<sup>99</sup>**  
ea.

**JAMIESON**  
Biotin or  
Hair, Skin,  
Nails Softgels  
45's-60's,  
Gummies 100's,  
Tablets or  
Caplets  
45's-60's



**6<sup>99</sup>**  
ea.

**REPLENS**  
Moisture  
Restore  
Gel 42.5g



## Exclusive Brand atoma®

**14<sup>99</sup>**  
ea.

**atoma**  
AREDS  
Formula  
Caplets 60's or  
SoftGels 75's  
**Save up to \$9**



**5<sup>99</sup>**  
ea.

**atoma**  
Children's Ibuprofen  
Suspension 120mL  
**Save up to \$3.50**



**17<sup>99</sup>**  
ea.

**atoma**  
Clotrimazole  
+ Fluconazole  
Combi-Pack  
**Save up to \$3.50**



# Switch and Save

vs. leading  
national brands

Approved by your pharmacist for your health.





# baby

**5<sup>99</sup>**  
ea.

**AVEENO**  
BABY Toiletries  
Selected Types  
and Sizes



**8<sup>99</sup>**  
ea.

**HUGGIES**  
3X Wipes  
184 to 240  
Refill



# personal care

**3<sup>99</sup>**  
ea.

**GILLETTE**  
FUSION,  
VENUS & OLAY,  
or **EOS**  
Shave Cream  
or Gel  
Selected Types  
and Sizes



**5<sup>99</sup>**  
ea.

**AVEENO**  
Body Wash  
354mL  
Selected  
Types



**15% OFF\***

**L'OREAL**  
MEN EXPERT  
Personal Care  
Products  
Selected Types



## Exclusive Brand atoma®

**2<sup>99</sup>**  
ea.

**atoma**  
Hand Sanitizer  
250mL  
Selected Types



**15% OFF\***

**CREST**  
WHITESTRIPS  
Selected types  
and Sizes



**20% OFF\***

**NOXZEMA,**  
PONDS  
Skincare  
or **BIORÉ**  
Facial Care  
Products  
Selected Types



**8<sup>99</sup>**  
ea.

**BIO-OIL**  
60mL



**10% OFF\***

**GÖT2B**  
Hair Care  
Selected Types  
and Sizes



**20% OFF\***

**EUCERIN**  
Body and  
Facial Care Products  
Selected Types  
and Sizes



# BEST PICKS FOR GREAT HAIR!

**15% OFF\***

**MARC ANTHONY**  
or **JOHN FRIEDA**  
Hair Care Products  
Selected Types  
and Sizes



**6<sup>99</sup>**  
ea.

**HERBAL ESSENCES**  
BIO RENEW  
Hair Care  
Products  
Selected Types  
and Sizes



**9<sup>99</sup>**  
ea.

**JERGENS**  
NATURAL GLOW  
Selected Types  
and Sizes



# cosmetics

**REVLON**  
**16<sup>99</sup>**  
ea.

**COLORSTAY**  
Makeup  
Selected  
Shades  
and Sizes



**COVERGIRL**  
**14<sup>99</sup>**  
ea.

**SIMPLY AGELESS** or  
**VITALIST ELIXIR**  
Makeup  
Selected Types  
and Shades



**Cruelty Free**  
INTERNATIONAL

**MAYBELLINE**  
NEW YORK

**20% OFF\***

Eye Cosmetics  
Selected Types  
and Shades



*Sally Hansen*

**20% OFF\***

**MIRACLE GEL**  
Nail Polish  
Selected Shades



**L'ORÉAL**  
PARIS

**20% OFF\***

**INFALLIBLE, MAGIC,**  
**TRUE MATCH** and  
**VISIBLE LIFT**  
Cosmetics  
Selected Types  
and Shades



**RIMMEL**  
LONDON

**7<sup>99</sup>**  
ea.

Eye or Face  
Cosmetics  
Selected  
Types and  
Shades



**BIODERMA**  
LABORATOIRE DERMATOLOGIQUE

**20% OFF\***

**SENSIBIO**  
Skincare Products  
Selected Types  
and Sizes





# great deals

Exclusive Brand **atoma**<sup>®</sup>

**19<sup>99</sup>**  
ea.

**MUCINEX**  
Expectorant  
12 Hours  
Tablets 40's



**5<sup>99</sup>**  
ea.

**OTRIVIN**  
Medicated  
Cold &  
Allergy Relief  
Pump or Spray  
20mL



**15<sup>99</sup>**  
ea.

**CENTRUM**  
MULTIGUMMIES  
130's-150's



**7<sup>99</sup>**  
ea.

**atoma**  
Cold & Flu  
Daytime & Nighttime  
Caplets 24's or  
Cold & Flu Liquid  
355mL  
**Save up  
to \$4.50**



**12<sup>99</sup>**  
ea.

**COLD-FX**  
FIRST SIGNS  
Capsules  
24's



**3<sup>99</sup>**  
ea.

**BENYLIN**  
Lozenges  
20's



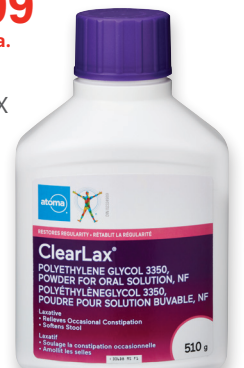
**21<sup>99</sup>**  
ea.

**VENIXXA**  
For Healthy Legs Tablets 30's



**16<sup>99</sup>**  
ea.

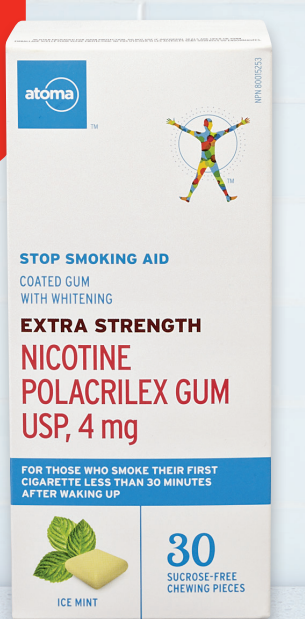
**atoma**  
CLEARLAX  
Powder  
510g  
**Save up  
to \$10**



## THIS MONTH'S GREAT BUY

**9<sup>99</sup>**  
ea.

**atoma**  
4mg  
Nicotine Gum  
30's  
**Save up to \$4**



Exclusive Brand **atoma**<sup>®</sup>

**BUY 10, GET 1 FREE!**

**atoma<sup>®</sup> Collector Card<sup>™</sup>**  
Start Earning TODAY!

**21<sup>99</sup>**  
ea.

**UNISOM**  
Snore Relief  
Spray  
45mL



**5<sup>99</sup>**  
ea.

**atoma**  
Melatonin  
Quick-Dissolve  
Tablets 100's  
**Save up  
to \$2.30**



**9<sup>99</sup>**  
ea.

**JAMIESON**  
Vitamin B  
Complex or  
B12 Vitamins  
Selected  
Types



**8<sup>99</sup>**  
ea.

**atoma**  
Naproxen Sodium  
Caplets 100's  
**Save up to \$5**



**15% OFF\***  
\*Our regular retail price

**CLEARASIL,  
OXY or  
BURT'S BEES**  
Acne Care  
Products  
Selected Types  
and Sizes



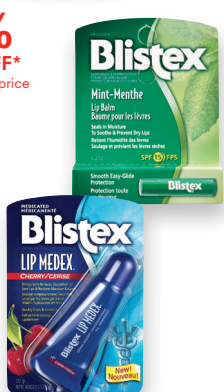
**5<sup>99</sup>**  
ea.

**POISE**  
Pads, Liners  
or Microliners  
12's-50's or  
**TENA**  
Pads or liners  
10's-48's  
Selected  
Types



**20% OFF\***  
\*Our regular retail price

**BLISTEX**  
Lip Care  
Selected  
Types and  
Sizes



**20% OFF\***  
\*Our regular retail price

**DR. SCHOLL'S**  
Foot Care Products  
Selected Types  
and Sizes



**9<sup>99</sup>**  
ea.

**CLAIROL**  
COLOR CRAVE,  
NICE & EASY  
PERFECT 10,  
SCHWARZKOPF,  
SPLAT, or  
VIDAL SASSOON  
Hair Colour  
Selected Shades



**5<sup>99</sup>**  
ea.

**BIC**  
Disposable  
Razors 2's-8's  
Selected  
Types



**7<sup>99</sup>**  
ea.

**DOVE**  
Shower Foam  
400mL,  
Exfoliant 298g,  
Body Wash  
650mL, or  
Bar Soap  
8x90g  
Selected  
Types



**1<sup>99</sup>**  
ea.

**IRISH SPRING**  
Bar Soap or  
**SOFTSOAP**  
Liquid Hand Soap  
Selected Types  
and Sizes



**2/\$5**

**VIM**  
Wipe's  
30's



**4<sup>99</sup>**  
ea.

**FINISH**  
Dishwasher  
Powder 1.8KG,  
Gel Dishwashing  
Detergent 1.6L or  
Cleaner 250mL



**2<sup>99</sup>**  
ea.

**SUNLIGHT**  
Dishwashing  
Liquid,  
562-800mL  
Assorted  
Types



**2<sup>99</sup>**  
ea.

**PINE SOL**  
Cleaner  
828mL



The only meter with  
Blood Sugar  
Mentor<sup>™</sup>



## New OneTouch Verio Reflect<sup>™</sup> meter

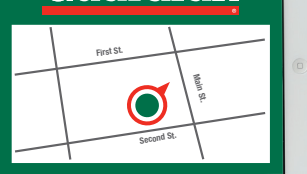
The only meter with Blood Sugar Mentor<sup>™</sup> messages that give you personalized **guidance, insight** and **encouragement** so you can take action to help avoid **high**s and **low**s.\*

Ask your pharmacist for a **FREE** OneTouch Verio Reflect<sup>™</sup> meter today with the purchase of 100 OneTouch Verio<sup>®</sup> test strips

\*Treatment decisions should be based on the numeric result and healthcare professional's recommendation. Always read and follow the label. © 2019 LifeScan IP Holdings, LLC. Trademarks are used under license by LifeScan IP Holdings, LLC. All rights reserved. CA-VRF-1900076

**ONETOUCH<sup>®</sup>**  
every touch is a step forward<sup>™</sup>

**Guardian**



Find your nearest participating  
**GUARDIAN PHARMACY**  
at guardian-ida-pharmacies.ca

THIS FLYER IS RECYCLABLE  
AND PRINTED WITH  
VEGETABLE BASED INKS

PRICES IN EFFECT JANUARY 24 UNTIL JANUARY 30, 2020 OR WHILE QUANTITIES LAST. Our pharmacies are independently owned and operated by your local community pharmacists. This flyer is valid at participating pharmacies only. To find your closest participating location, please visit guardian-pharmacy.ca. While every effort is made to offer advertised products, individual locations reserve the right to limit quantities and some items may not be available at all locations. Sales begin on Fridays but individual locations reserve the right to adjust their sale dates. Please check with your local Guardian pharmacy for possible variances. Prices are listed in Canadian dollars and do not include Provincial Sales Tax, Goods and Services Tax or Harmonized Sales Tax. See in-store for more details.